

Towle Bridge



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New Year's Resolutions: Worthy Goals or a Bad Idea?

by Camille Fontenelle

As the New Year approaches many people set new goals, pledges for a better New Year. However, perhaps just as many do not do so, knowing that the majority of the time the resolutions would not be kept. The argument about New Year's resolutions is akin to the old argument: why should I make up my bed if it is only going to get dirty again? The New Year's resolution argument is, why should I set a goal if I am most likely not going to keep it until February much less the end of the year?

And yes, it is true that many people who start off with fantastic New Year's resolutions are often back to old habits by February; their motivation stale. Should that cause us to abandon the idea altogether? What is the purpose of resolving to lose weight, be more patient, or spend more time in the Bible? The whole idea is self-improvement.

In case you haven't already noticed, I'm of the school that New

Year's resolutions are important. Even for those who don't keep those goals beyond February, I believe that they have gained something. In running a race, the actual race is more important than the finish line.

The most important aspect of New Year's resolutions is reflection, admitting that we got some things wrong over the past year, and working to improve upon it. A New Year's resolution then, is like a new chance. Although some may see it as a set up for failure, it doesn't have to be. Instead, it can be used to challenge yourself to be better.

But more than anything else, New Year's resolutions remind us of the second chance we have in Christ. We have the chance to start afresh, like a new year, because of Christ's forgiveness of our sins. Since God has made us new in Him, we change as God works in us. 2012 is here, we have our second chance, what are we resolved to do with it?



Towle Survival Guide: Vol. 1: “The Basics”

By Cameron Bonney

Are you new to Towle and wondering how in the world to figure out this seemingly crazy school? Well look no further! This guide will help you decipher Towle and the madness that comes with it!

The very first thing you should know is that Mapping Day is the craziest day of the school year. No one knows where to go, what to do, or where their next class is! That’s why Mrs. Todd makes those awesome maps for us! And don’t be afraid to ask questions.

As with any situation that involves you being the one person that doesn’t know what you’re doing, the trick is to act like you do. Even if you’re completely clueless and think that maybe your teacher is speaking Lithuanian, act like you understand everything. One way to do this is to imitate what the “veterans” do.

#1) **LEAVE YOUR CRATE IN THE GYM!**

The most obvious give-away of a new student is the fact that they tote their crate everywhere with them.

#2) **DON’T** walk around the gym like you’re lost, even if you are.

#3) **READ** the “Towle Students’ Handbook.” It was written for a reason.

Contrary to popular belief, it doesn’t take long to get the hang of things at Towle. Give it a month and you’ll be an old professional.

I think one word that describes the students at Towle is **PROCRASTINATORS**. Ask any of the students and I’m sure they’ll tell you that at some point in their time at Towle, they have procrastinated. I do not suggest that you take any advice about getting your homework done from these people. (Even though I admit to be a “pro” at procrastinating.) Your work is due Monday, it is up to you whether or not you want to spend all of Sunday night finishing that research paper that’s due tomorrow.

A few more important things to remember about attending Towle are:

1. Always sign in for Study Hall.
2. Always wear your Towle shirt.
3. **DO NOT** EVER PLAGIARIZE OR CHEAT! (EVER!)
4. Follow the dress code.
5. Remember to sign up for pizza.
6. Check your homework folders to make sure you have everything you need. (Remember, it’s never your parents fault if *you* forgot to put in your work.)



If you follow the rules and do your homework, you will be able to avoid unneeded headaches, loads of stress, and the feeling that you will never reach college.



Towle Word Search

Abigail Durkovic

L P W F S V M Z S B K A A N O J W J P A B U F E X
 P R E C U R I N W P L J W J Z K E H Q W S H E Y T
 Q Z I G E N O V Q X K X E C N I Y R Q F S O G Y C
 Y P V O L I D I I G D H M D U S R M Z D K F E R O
 X Z D P L Y G R N R X K F E I L L A B T E K S A B
 M R L R Z S E Y A E E H J O U V O L U N T E E R Y
 Q E R Z J I W W C I S U L P X O S Y R W F T V L A
 V W O I M B N I V U S O G T T R Y V D W U N W C D
 V F W F T C A S X V G E E G L H T V X T V T X N N
 O S S W O N A D A Y V L R L L F Y D I I V E O G O
 G I I L A P U X E N I E D S O O I T B D R A P J M
 Z B B T M I F I P L I U Z E R O S O R Y P C D G Y
 P R O C R A S T I N A T I O N N H C K B R H I R R
 X M V U U K D Q D Z Q S Y J I X K C I C I E P O H
 Y I Y U B V L N I Y N E D R D J H A S N K R E N U
 I J H U V S Z L X Q W B J K I O O K Z E V S Q R Y
 A L P P C I U P N A Y N W Y T U W X R D M G E W Y
 W J I O E K K W X P K T C V M R I U K W Z O P W Z
 F Q E D V T Z I S B K H K N V N X C Y D S C H F Y
 R B S L M A A D P F Y B B M P A C D R X T P M K W
 N H D U K Z X N E I G O A F X L A N F K L V S V O
 Q D I Z V I R J I F I T W Y F I Z O X N T E F D P
 C N L D C V T U W V J M H E M S T E U Q N A B V L
 K Y J L T I G S H O Z R R I L M F K C J A G D X Q
 A C H A K L B L J N J F F O N G Y D U L K V Q K G

ANATOMY	BANQUET	BASKETBALL	FUNDRAISERS
HOMESCHOOL	INSANITY	INSTITUTE	JOURNALISM
LIONS	MONDAY	NHD	PHYSIOLOGY
PROCRASTINATION	SENIORS	TEACHERS	VOLUNTEER
WORLDVIEW			

2012, The End of the World?

By J. Tucker

December 21, 2012. This not only happens to be the date of the winter solstice this year, but also, as it just so happens, the forecasted end of the world. Predicted by the Mayan calendar, 2012 has become bigger than the end of the world itself. You can constantly find specials on TV and the year has even been turned into a blockbuster movie. So the question remains... Could 2012 be the end of the world?



Living in America we tend to be sheltered. As a people our lives can be difficult, but we do not worry about missiles or the threat of war at our doorsteps. Nor do we worry about clean water or utter chaos in our country. Those are not our problems, but all it takes to see places that have to deal with those horrible things everyday is to turn on the news. The world is not as it should be and the end could be near. Yet remember Matthew 24:36, "*No one knows about that day or hour; not even the angels in heaven, nor the Son, but only the Father.*" Do not let the world or 2012 cause you to live in fear, instead always stand ready.

We sometimes live unbalanced lives, especially concerning the end of the world. Either our thoughts are in panic about the end of the world and how we are not ready, or our minds are completely focused on life, not at all thinking of the future. Will 2012 be the end of the world? Many think not, but we should be prepared everyday simply waiting for God's timing. We should always be aware.

5 Foods You Don't Want to Eat!

Kayla Shultz

1. Pillsbury Grands Cinnabon Cinnamon Rolls With Icing

- More than a day's worth of trans-fat in ONE roll
- 310 calories each
- 5 teaspoons of sugar each
- Made with hydrogenated oils



2. Cheesecake Factory Chocolate Tower Truffle Cake



- One slice is over 6 inches tall
- Weighs 3/4 lb.
- More than two days' worth of saturated fat
- Way too many calories!

3. Land O'Lakes Margarine

- More than a day's worth of trans-fat in one tablespoon
- Too much saturated fat



4. Marie Callender's Chicken Pot Pie

- An unhealthy amount of sodium (more than a day's worth)
- Over 1000 calories
- Not good for your arteries



5. Häagen-Dazs Ice Cream

- Filled with cholesterol
- Over half a day's amount of saturated fat in just half a cup



Taken from Nutrition Action Health Letter

Study Hall Trouble?

By J. Gilgenast

If you have been attending Towle for a couple of years or have just started to go to Towle, you have probably gotten in trouble with the study hall monitors. Well, whether you have or not, I am going to help you with your study hall troubles. I, your none-too-humble journalist, give you:

“17 Things Not to do in Study Hall”

#1 Leave trash in or outside the building.

#2 Ask repeatedly to go outside.

#3 Fail to accomplish the customary ritual of signing in to study hall.

#4 Produce strange and unusual sound effects at an obtrusive volume level.

#5 Participate in unorthodox and curious methods of self entertainment.

#6 Physically challenge a classmate while on the school grounds.

#7 Fail to comply with uniform requirements.

#8 Compel classmates to attempt anything unordinary.

#9 Allow a ball or any other projectile to leave your hand at a fast rate.

#10 Proffer any kind of weapon or weapon-like object.

#11 Display open distaste of any or all Towle staff.

#12 Fail to detach mud or snow from one’s feet before setting foot in the building.

#13 Publicize a form of flagrant presentation of happiness and general joy.

#14 Travel at an energetic level of transportation.

#15 Touch a sedentary device in any uncustomary way, shape, or form.

#16 Engage in unannounced outdoor activity.

#17 Disturb and or molest any or all proceedings that involve and or represent Towle.

Water is Wet
-Captain Obvious

Disclaimer - This article is meant to be sarcastic and exaggerate any and all situations on towle premises and is in no way meant as any offense to Mrs. Moore and or Mrs. Miller.

Senior Profile: James Bickling

By J. Tucker

What is your favorite memory from Towle?

My favorite memories from Towle have been the basketball seasons of course, but the funny stuff over the years with all of my friends has definitely given me a ton of great memories.

How has Towle basketball shaped your life?

Towle basketball has impacted my life in so many ways. It has provided me with a solid work ethic and taught me to push my limits. It has also provided me with life long friends and brothers and I will cherish the memories of Towle basketball long after I graduate.

Would you rather go skiing or to the beach?

Definitely beach.

Are you excited or nervous as you leave Towle behind? Why?

Leaving Towle is bittersweet, I will miss all my friends but I'm also ready to start the next chapter in my life.

Favorite foods or places to eat?

Uhh.. There are way too many amazing foods to have a favorite. And I love Longhorn Steakhouse.

Try to describe yourself in 3 words.

Hmm, describing myself in three words is tough. If I had to, it would be dorky, chill, and determined.

And what is your favorite quote of all time?

“Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented, fabulous? Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.” (Quoted by Nelson Mandela; originally written by Marianne Williamson)



☺ **Senior Profile: Amanda Sarac** ☺
By Cameron Bonney



What would you do with 1 million dollars?

Well that is a good question. I would give a lot of it to support Loving Hands Orphanage, the orphanage that I went to this year in Haiti, and to sponsor all of the kids at the orphanage. I have no idea what I would do with the rest... probably use it to pay for college and an apartment, and food and water (that would be good! LOL).

What do you want to major in in college? Why?

I am going to major in Elementary Education and Special Education in college and I am so excited about it! I absolutely love children and especially have a passion for helping children with special needs (I guess because I have a brother with Tourette's Syndrome. It's so funny how God uses things that can seem bad in amazing ways!). I really just love teaching children and helping children with disabilities so.. yup! I am very excited though!!! I can't wait to get in the classroom, and teach kids, and have them call me Ms. Sarac!! So exciting!

What do you like to do in your free time?

I like to do a lot! I play guitar and sing so I really like to play and sing in my room and write songs. I do this a lot! I also love artsy stuff so I like doing crafts. I like hanging out with friends and doing crazy things with them like having pajama days and weird stuff like that! Hahaha!

If you could be any animal, what would it be? Why?

Hmmm... I would want to be either a dog, because they're man's best friend; or a horse, because they can run fast; or a Platypus like Perry the Platypus!

What is one thing you love about your relationship with God?

I love everything about my relationship with God but I especially love that He never gives up on me and He is the best friend that I have and will ever had. He will never break my heart, always believes in me, is always with me, He thinks I am special, He loves me for who I am, and He never gives up on me no matter what I do wrong or how stupid I am sometimes. He is the best!! Seriously guys, He is the best friend you could ever have; make sure that He is number one!

What's your favorite class?

I have so many classes that I like; it is so hard to just chose one! But my favorite class this year is probably Consumer Math, Worldview, Anatomy, English 12, and Music Theory. Yes, I did name all of them. I can't choose one! Hehehe!

What is the number one thing you've always wanted to do? Why?

I actually have two that I have always wanted to do. I have always wanted to travel across Europe and see amazing things around the world! I think that sounds amazing! I have also wanted to travel to Alaska and see the Northern Lights and climb up a mountain and see polar bears and go ice fishing! Either that or go to Hawaii and climb up a volcano and go snorkeling!

A MESSAGE FROM THE GUIDANCE DEPARTMENT

Attention Freshmen: I will be giving a short, counseling presentation in the English 9 class on January 3rd, 2012, the day we return from Christmas break. Any parent wishing to hear this talk is more than welcome to attend! Whether or not parents are able to come, please make sure your parents get to see the hand-outs that will be distributed during the presentation. Thank you.

For Juniors: Please organize your time for the remainder of this school year. Don't forget to go to the College Board's website to sign up for the SATs or to the act.org website to register for the ACTs. It is highly recommended for you to have at least one set of standardized scores under your belt in preparation for next fall's college application process.

If you are taking the SATs or the ACTs, please use the School Code of **080071** in order for Towle to receive a copy of your score report. This is the same code to be used when filling out college applications, ie. CEEB/ACT Code: 080071.

Remember to allow THREE working Mondays for teachers to write letters of recommendations. Don't forget, as a courtesy, to supply the teachers with a stamped, addressed envelope to the college where the letter should be sent. Also, please remember to give me at least TWO Mondays' notice to send transcripts to colleges.

For Seniors: Check with the colleges that you are applying to see if a Mid-Year Report is required to submit. (I know for UD it is required!) If so, please provide me with a hard copy of this report and the address to which the report needs to be sent. Thank you.

All the very best in the New Year!

Mrs. Kaliakin
leezakal@udel.edu

Towle Basketball Schedule for January 2012

***Tuesday, January 3rd:** Towle vs. Tome at Ogletown

5 pm Junior Varsity Boys (JVB)
6 pm Varsity Girls (VG)
7:30 pm Varsity Boys (VB)

***Friday, January 13th:** Towle vs. Red Lion at Ogletown

6 pm VG 7:30 pm VB

This is also **SENIOR NIGHT** where we honor our seniors on the basketball teams.

Tuesday, January 17th: Delaware School for the Deaf (DSD) vs. Towle at DSD

4 pm VG 5:30 pm VB

Games will be finished in time for Mapping Night at 7 pm.

***Friday, January 20th:** Towle vs. West Nottingham Academy (WNA) at Ogletown

4 pm JVB 5:30 pm VG 7 pm VB

***Tuesday, January 24th:** Towle vs. DSD (at Ogletown?...needs to be clarified)

4 pm VG 5:30 pm VB

Admission fee if at Ogletown, but no admission fee if at DSD

***Thursday, January 26th:** Tri-State Christian Academy (TSCA) vs. Towle at TSCA

4 pm JVB 5:30 pm VG 7 pm VB

***Friday, January 27th:** Towle vs. Tall Oaks at Ogletown

4 pm JVB 5:30 pm VG 7 pm VB

***Tuesday, January 31st:** Towle vs. Tome at Ogletown

4 pm JVB 5:30pm VG 7 pm VB

Addresses:

Ogletown Baptist
316 Red Mill Road
Newark, DE19711

Delaware School for the Deaf (DSD)
620 E. Chestnut Hill Road
Newark, DE 19713

Tri-State Christian Academy (TSCA)
(Formerly Elkton Christian Academy – ECA)
144 Appleton Road
Elkton, MD 21921

***Admission fees are charged**
towleschool@hotmail.com

Ski Trip

This is a Great Family Fun Day!

When: Thursday, Feb. 16th

Where: Jack Frost, Big Boulder

Cost:

- Lift Ticket (all ages) \$27
- Rental \$22 (Ski and Snowboard)
- Snow Monster (ages 3-10 Lesson, Rental, Lift-3hour session) \$62
- Lesson, Rental, Lift (8 and up) \$52

Jack Frost is open until 4 p.m. Big Boulder is open from 3-9 p.m. Tickets are for both places. Head count and money due by Monday, Feb. 6th.

Please call Gail Fogiel (302-540-0924) for more information.

FOGIELSR@JUNO.COM

“This year I joined the Towle girls’ basketball team. I was a little reluctant to participate because of my size, but I was determined to leave my paw print on Lion's territory. My teammates have given me so much support and have made me feel illustrious. My first game was so memorable. The guys on the bleachers pampered us with cheers. They were so optimistic and got me pumped! The game was intense. We didn't win, but we did our best and that's all that counts. I know I'm not infallible, but I have improved so much. I work hard and that is going to pay off. The greatest feeling is knowing that you're doing your best.”

~Extra-credit piece written by Michaela Moore using eight vocabulary words

2011-12 Lab Schedule December/January (Wednesdays-FBC)

Physical Science:

December: at-home lab

January 11: 10:30 – 12:30 (Mandatory review for mid-term)

Chemistry:

December 7: 9:30 – 11:30 at-school lab

January 11: 9:30 – 11:30 (Non-mandatory review for mid-term)

Anatomy:

December 7: 8:00-10:00 at-school lab

January 11: 9:30-11:30 (Mandatory review for mid-term)

Biology:

December 7: 10:30 – 12:30 at-school lab

January 11: 9:30 – 11:30 (Mandatory review for mid-term)

Physics:

December 7: 8:30 – 10:30 at-school lab

January 11: 8:30 – 10:30 at-school lab

Towle Institute

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January 2012

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3 <i>Week 15</i> <i>School resumes</i>	4	5	6 <i>Staff Party</i>	7
8	9 <i>Week 16</i>	10	11 <i>Labs: See schedule!</i>	12	13	14
15	16 <i>Week 17</i>	17 <i>Mapping Night 7 p.m.</i>	18	19	20	21
22	23 <i>Week 18</i> <i>End 4/5 Sci</i>	24	25	26 <i>Science Fair</i>	27	28
29	30 <i>Week 19</i> <i>Teacher Mtg.</i>	31	1	2	3	4
5	6 <i>Week 20</i> <i>Report Cards</i> <i>Begin 4/5 Writing</i>	7	8 <i>Lab</i>	9	10	11