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Cheap, Fun Spring Ideas

By Tia Little

It's a fact that nobody wants to spend money that they don't have to spend. It's also a fact that people don't like to spend their own money. So the problem is, what are we suppose to do when the snow finally melts and spring gets here? So with a group of friends, I sat down and made a list of fun things to do, along with the cost.

- Hike at a state park. Healthy and fun! You can bring your own lunch and the cost is about \$3.00.
- Bike ride anywhere. Healthy fun, and the cost is f-r-e-e, the lovely 4-letter word!
- Take a trip to Washington, D.C.. Most of the sights there are free. Museums and monuments are free. You will just have to pay for gas and parking!
- Hit the beach! Ok, so it's a bit eccentric to go to the beach in the spring, but it would be an unforgettable experience. Plus, no silly tourists to worry about!
- Go to Lancaster PA. It's more fun if you like shopping and looking for bargains. Sure, you have to pay tax, but it's worth it. Buggy rides and Dutch Wonderland are only a few minutes (ok... 30 minutes) away from Hershey Park!
- Go out at night with your friends and watch the stars. This is one of my all-time favorite spring activities. It's quiet and you get to bond with your friends. More a girl thing but still fun, and free.
- Go to the library. It's free and quiet, if you want to escape the norm of life, plus you can take things home with you.
- Finally, the best; just being with your friends. Hanging around with each other is fun cheap and can never get old. These are the people who understand you the best and are probably broke right along with you!! Have fun this spring, maybe these ideas can jump start your own fun.

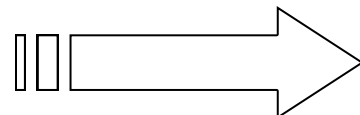
A World of Art

By Kayla Shultz










The key to the history of the world can be clearly demonstrated in the art the ages have produced. As mankind has advanced through the centuries, the art it has left behind shows what life was like in the years past. But what will this age reveal about life in the 21st century for future generations?

The arts that have been developed from the beginning until the present have changed tremendously. Art that dates as far back as people have discovered reveals simple and un-detailed people and animals, such as the rock carvings found in caves and in Ancient Egypt. Later in Ancient Greece, great detail was born. Beautifully realistic sculptures were created, as well as detailed architecture, such as the Parthenon, that differed from Egypt's stark pyramids. Even more detail was shown through the Taj Mahal in India. In the Middle Ages, artists drew or painted very realistic scenes that resembled everyday life. Portraits of important people originated during this general time period, and about one hundred years later, accurate perspective and proportions developed. The general idea of capturing people and events in a realistic representation continued for many years, until the impressionist style was introduced. This style, most closely associated with the art of painting, strayed from detail and vaguely revealed the main idea, or impression, of a scene. Soon intricate detail and realistic art was becoming old-fashioned. Then with the invention of the camera and computer, art took on a completely new form. The camera made it possible to create art with the push of a button, instead of hours of concentrated, labor-intensive work. With the computer came animation and the popular development of cartoons. In the present time, art finds its place in photography, urban architecture, abstract paintings, and contemporary sculpture.

Although the art styles of the ages differed as time went on, there was a commonality that lasted until the turn of the 20th century: to reveal the human being. Nowadays, however, art has strayed from the celebration of mankind and has taken a new form, called Modern Art. Modern Art emphasizes colors, shapes, and lines, much more than the fine and careful details of history's arts. We can determine so much from history's art, so what will future generations determine about the 21st century based on its art? Here's a chart to display the differences of time's arts.

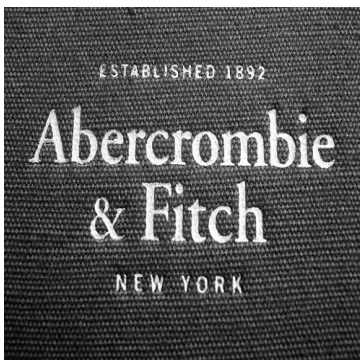


Art Development Through History

	B.C. Time Period	1300-1800	20-21st Centuries
Painting			
Sculpture			
Architecture			



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Brand Name Clothes: Why do people actually wear them?

By Brittany Robinette

American Eagle. Aeropostale. Hollister. Abercrombie and Fitch. Almost every high-school and middle-school student has heard of them. They are the brand name clothing stores and many students want to be seen wearing their clothes. But why? Why is it so important to some people to wear brand name clothes?

The answer is not very straightforward. For most, the reason is that they want to fit in. They want to be accepted into the group. “Everybody else is wearing it, so to fit in, I should wear it too.” This statement runs through so many students’ minds while they don’t realize it. Ultimately, everybody wants to be accepted.

From what I have seen, middle-schoolers are more concerned with wearing the latest fashion from the brand name stores than high-schoolers. There can be many reasons for this, but two stick out in my mind. One, middle school students have less self-confidence than high school students overall. Grades 6-8 seem to have a hard time finding and then fitting into groups. Two, a lot of high school students have to buy their own clothes. They soon realize how expensive brand name clothes can be and recognize that other clothes have just as good, if not better, quality.

In my opinion, brand name clothes don’t make any sense. A lot of clothes sold at these stores are very poorly made and very thin. I have noticed that brand name clothes tear more easily and wear down more quickly than other clothes. Brand name clothes can also get really expensive!

What does God say about appearance? 1 Samuel 16:7 says, “The Lord does not look at the things man looks at. Man looks at the outward appearance, but the Lord looks at the heart.” So, it doesn’t really matter if you wear the latest fashions from the brand name stores. What matters is your personality and your heart. So, in my opinion, wear what you want to wear and shop where you want to shop! Who cares what people think? If people think you’re weird because of the clothes you wear, that’s their problem. Don’t let people discourage you because of your looks. God and your true friends love you for who you are, not what you wear.

De-stress: Advice from Towle Teachers (and One 11th Grader)

By Elizabeth Peck

We all get stressed out from our school load, family life, issues or drama with friends; once you start feeling overwhelmed, anything can irritate you. In an effort to help you calm down, I asked some wise teachers from Towle for advice and this is what they told me:



“Spend time alone.” – Mrs. Mahoney

“Take a deep breath. You have to recognize that you are stressed first, and then make the conscious decision to stop. I take a deep breath and stretch and unclench my teeth.” – Mr. Ellenburger

“Exercise and gardening.” – Mrs. Maxwell

“First thing that comes to mind is chocolate.” – Mrs. Miller

“Get back to nature.” – Mrs. Moore

“I go to the piano.” – Mrs. Hampson

Basically just find something that calms you down, perhaps playing an instrument, or just finding a quiet place and reconnecting with God. If you have the peace of the Lord in your heart you won't have room for the stress and anger. “Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid” (John 14:27).

I find that, aside from prayer, the best way to de-stress is laughter. Step back from yourself and laugh about how uptight and frazzled you are. You will find that analyzing the reasons for your stress shows you that they aren't really that big a deal. So take a deep breath and smile.

<http://www.impactfactory.com/uploads/overload.gif>

Senior Profile of Hannah Trout

By Tia Little

What is your favorite movie of all time?

My favorite movie of all time would have to be, well, any thriller/horror movie. I love them!

Do you have a favorite quote? If so what is it?

Yes. "The only thing we have to fear, is fear itself." Spoken by President Franklin D. Roosevelt at his first inaugural address.

If you could be any food, what food would you be?

Why would I want to be food?

Do you have a favorite pie?

Apple. YUM!

Are you a Cowboys Fan or Eagles Fan?

Neither. I just wait till half time and root for whoever is winning. Lol.

What is your favorite book?

***To Kill A Mockingbird*, and yes, I do realize how much of a nerd that makes me :D**

What's your favorite class?

English; we always go on fun little rabbit trails.

Do you prefer calling or texting?

Definitely texting because I hate phones.

Books or Movies?

It depends on my mood, sometimes I just want to be able to see what the characters look like, but I will admit the books are always better than the movies.

Disney World or Sea World?

Never been to either, but I would probably say Disney World.



Senior Profile: Jordan Gary Morgan

By Elizabeth Peck

How long have you been at Towle? **2 years.**

Do you have a job? What's the hardest part about it? **Yes. Summit sports training center. Don't really know the hardest part. Probly putting up with my brother lol**

If you could be one creature for a day, what would you be? **Maybe a Lion. Never really thought about that too much.**

What do you like to do in your free time, if you have any? **Usually chill.**

What do you want to do after you graduate? **Go to college, graduate with a sports training degree.**

Who are your role models? **Have lots. Michael Jordan.**

If someone gave you \$1,000,000 what would you do with it? **So hard to decide but probably figure that out when I get it.**

Favorite movies? **So hard to pick favs.**

Dream vacation spot? **Bahamas.**

Favorite food/drink/dessert? **deff chicken something.**

What kind of music do you listen to? **It varies usually.**

Do you have any pets? **A Rhodesian ridgeback.**

What makes you laugh? **Anything funny. David Cunliffe and nuns.**

Define yourself in one interesting and creative word. **Astonishing.**

What's your favorite memory from Towle? **So many to choose from...probably the time I Saran wrapped Lauren's car.**

Any advice for your fellow students? **Don't procrastinate. Never helps.**



Senior Profile: David Dean Hampson

By Brittany Robinette

1. Finish this sentence: David Hampson is...

A mixture between a tiger and a bunny, tough and scary but also cute and cuddly.

2. What is the craziest thing you have done?

Well I punched Drew once and that is never a smart idea, and other than that I have jumped off a 43 foot cliff into 6 feet of water.....never a good idea.

3. Who is your favorite teacher and why?

I think it is a sin to not like your mother the best but I am going to have to say Mrs. McCreesh AKA. MC, and she is a great chemistry teacher because she just puts up with my dumb questions lol.

4. If I gave you \$12.73 how would you spend it? **I would invest it! SIKE!!! I would just proly use it all at Wawa.**

5. When I say__ you say?

Chicken- **David Cunliffe**

Friend- **Wait I have one of them?**

Whale- **Drew Moore**

Six- **Seven**

Purple- **Don't you mean light purple?**

Trust- **Charlie because I can trust in him to make sure my lawn is properly mowed lol.**

Dynamite- **BOOM DONE! Lol.**

Skirt- **Amber, because that girl only wears skirts and I give her great credit for sticking to it even when it is snowing!!! This girl is crazy lol.**

Eyes- **Jessica Shortlidge**

Comfort- **Yeah never really helps anything.**

6. What are some simple things that most people don't know about you?

I hate reading, I love running, I once killed a bear only using my feet, yeah don't ask, I only eat fish the third day of every month at exactly 3:23 in the afternoon.

7. If you could go back in time, who would be the one person that you would want to meet and why?

I would want to meet Tupac and ask him who the heck shot him!!!!!! RIP TUPAC.

8. What are your plans after leaving the Institute?

I am going to Del-Tech to play baseball and study Physical Therapy.

9. Any one particular Towle Memory stand out to you?

Just going to class was a lot of fun with the guys and girls because somehow we never seem to have a dull class lol and we have fun getting Mrs. Body off her topic in class and making her go on about some other interesting story that has nothing to do with English lol good times good times.

10. Do you have any advice for the class of 2011?

Yeah! Have fun with school because when it ends then you have to get responsibilities and that stinks!!!! lol and get your school done early and make sure that you tell the class of 2012 that they are going to have a great life because they will never have to graduate because the world is ending!!!! so YEAH 2012 LOL.



2009-10 Spring Lab Schedule (Wednesdays-FBC)

March 10

Lab Group 1

8:30 – 10:30 Physics
9:30 – 11:30 Chemistry
10:30 – 12:30 Physical Science

March 24

Follow Lab **Group 2** schedule

April 14

9:30 – 11:30 Chemistry **and** Physical Science (note change in lab time)

April 28

9:30 – 11:30 Biology
12:00 – 2:00 Health

May

Earth Science Field trip – Crystal Cave (May 13)
Life Science Canoe trip - TBA

June 2

9:30 – 11:30 Chemistry review (non-mandatory)
9:30 – 11:30 Biology review (mandatory)
10:30 – 12:30 Physical Science review (mandatory)
1 – 3 Health lab



2rd Quarter Honor Rolls

A Honor Roll

Lainey Anderson
Daniel Awokuse
Sam Bunitsky
Nate Burchess
Andrew Chandler
Danielle Corrigan
Christa Diehl
Camille Fontenelle
Michael Foy
Kerrianna Frederick
Carrie Gallagher
Jacob Gilgenast
Sarah Gilgenast
Lauren Harris
Jenna Henke
Dylan Johnson
Gwyneth Lathrop
Julia Manoney
Thomas Morton
Ben Nylander
Kenny Robinette
Jeremy Shatley
Maddie Smith
Devin Soliwoda
Kathryn Steward
Todd Thorp
Caitlyn Ward

AB Honor Roll

James Bickling
Thomas Biederman
Ralph Body
Jordyn Buckingham
Lucy Burchess
Anna Cebenka
Grace Crossland
Rebekah Gilgenast
Derbe Glass
Madison Healy
Aaron Hickman
Kristen Hickman
Robbie Leuze
Christopher Mahoney
Matthew Mahoney
Timothy Mahoney
Jordan Marsh
Viviana Marshall
Kellie McCreesh
Abigail McFadden
Amber McFadden
Luke McFadden

Emily Owens
Jonathan Palmer
Julie Papili
Lucas Papili
Gabriela Poletaev
Brittany Robinette
Ellie Roland
Amanda Sarac
Timothy Sarac
Olivia Sheehan
Catharine Shortlidge
Jessica Shortlidge
Kathryn Shultz
Allison Silver
Sophie Silver
Michaela Sleitweiler
Don Smith
Jerry Suiters
Cameron Truett
Joshua Varner
Jared Washok



FAMILY WEEKEND AT GREAT WOLF LODGE, POCONOS, PA
Saturday, April 24-Sunday, April 25, 2010

*\$249.00 Per Room (Sleeps 6) SPECIAL GROUP RATE

Special Group Rate Includes: Overnight Deluxe Accommodations, Gigantic Indoor Water Park, Many Other Resort Activities, and Sunday Worship Service, and Fellowship Time.

Contact Michele Wimer To Make Your Reservations.

*Please Note: This is a special rate for our group. It has been significantly discounted for us. We must book at least ten (10) rooms to receive this rate. Just to compare regular rate for these accommodations is \$549.00 Per Room.

I would like to leave you with some final thoughts. In our lives today, we tend to have busy and hectic schedules. Our schedules tend to dictate our lives. We really need precious, quality times like this to be with our family and family of friends because it is so limited. This weekend can be a time of rest, renewal and rejuvenation for you and your family. As I do my Bible study, Jesus tells us that even he had to take time for rest, renewal, and rejuvenation.

Make This Weekend A Tradition For Your Family!



NHD

NATIONAL

HISTORY DAY

“CHANGE AND INNOVATION”

Senior Division

Individual Exhibit

1. Amanda Sarac
2. Jennifer Johnson

Group Exhibit

1. James Bickling and Todd Thorp

Individual Performance

1. Kerianna Frederick
2. Camille Fontenelle

Individual Paper

1. Kayla Shultz
2. Matthew Mahoney

Junior Division

Individual Exhibit

1. Thomas Biederman
 2. Gwyneth Lathrop
 3. Kenny Robinette
- HM - Harrison Ford

Individual Website

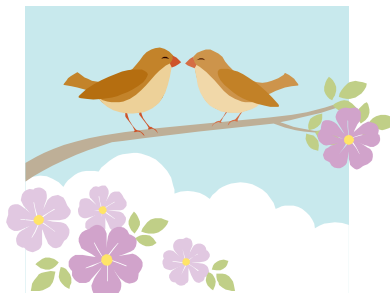
1. Jordyn Buckingham
 2. Christopher Mahoney
 3. TJ Morton
- HM - Daniel Awokuse

Individual Paper

1. Jeremy Shatley
2. Abigail Durkovic

FROM THE GUIDANCE DEPARTMENT

1. If you are taking the SAT or ACT, please code in 080071, so that Towle receives a copy of your score report. This code is to be used by full-time students only. Please remember that you have to let me know (by making a copy of your score report and circling which scores you want to release) if you wish to have your scores reported on your transcript. Please direct questions to Ms. Loke/Mrs. Chu.
2. Anyone in need of a transcript, school letter or any other such document must allow at **least two working Mondays** for requests to be processed. GPAs are computed once a year, after final grades are received, and class ranks are computed at the end of junior and senior years only. Official transcripts will be released to another institution only.
3. Please remember that it is the student's responsibility to keep a detailed list of any honors or awards earned in high school, so that these may be reported to the office for inclusion on the transcript. This means that the student should note the level of the competition (school, county, state, regional, national, international, etc.), the exact name of the competition and the specific award earned (first place, ninth place, honorable mention, superior ranking, meritorious award, etc.). An example is: Third Place, Individual Exhibit Category, school-level National History Day Competition.
4. High school students should also keep track of extra-curricular activities, such as community involvement, paid employment or volunteer work. Record the approximate number of hours per week and the number of weeks per year that you put into these activities, along with a brief description of each activity, noting in particular, any positions of responsibility which you may have undertaken. This list does not have to be submitted to the office, but will be invaluable when you are filling out college or scholarship applications.



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MARCH 2010

SUN	MON	TUES	WED	THUR	FRI	SAT
28	1 Week 23	2	3	4	5	6 High School Sci Olym- piad
7	8 Week 24	9	10 Lab Group 1	11 Math Olym.	12	13
14	15 Week 25 Open House	16	17	18	19	20
21	22 Week 26	23 Mapping Night 7-10 P.M.	24 Lab Group 2 (note differ- ent time)	25	26	27 Mid. School Sci. Olym.
28	29 Week 27 (short week) End 4/5 Class	30	31	April 1	2 BREAK	3
4	5	6	7	8	9	10
EASTER BREAK						